

When we are baptized in the Holy Spirit, the **Holy Spirit** comes as our **Helper**



Jesus says in Jn 14:16 "And I will ask the Father, and He will give you another Helper." When Jesus said that He will give us another Helper, He really meant it!
The Holy Spirit is **a real great help to us:**

The Spirit helps us to experience God's Love	"God has poured out His love into our hearts by the Holy Spirit" (Rm 5:5)
The Spirit helps us to understand and accept God's truths	"The man without the Spirit does not accept the things that come from the Spirit of God, ...and he cannot understand them, because they are spiritually discerned." (1 Cor 2:14)
By the Spirit we become children of God	"...those who are led by the Spirit of God are sons of God. For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by Him we cry, 'Abba, Father.' The Spirit Himself testifies with our spirit that we are God's children." (Rm 8:14-16)

The Spirit helps us to pray	"In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express." (Rm 8:26)
By the Spirit we are transformed	"And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit." (2 Cor 3:18)
The Spirit helps us to remember	"But the Counselor, the Holy Spirit....will remind you of everything I have said to you." (Jn 14:26)
The Spirit gives us power to be free from the bondage of sin	"Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom." (2 Cor 3:17)
The Spirit gives peace of mind	"...the mind controlled by the Spirit is life and peace." (Rm 8:6)
The Spirit helps us bear fruits	"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." (Gal 5:22,23)

The Spirit helps us to serve with zeal	"Never flag in zeal, be aglow with the Spirit, serve the Lord." (Rm 12:11)
We are enabled to serve through the gifts of the Spirit	"Now about spiritual gifts, brothers, I do not want you to be ignorant....To each one the manifestation of the Spirit is given for the common good. To one there is given through the Spirit the message of wisdom, to another the message of knowledge...to another faith...to another gifts of healing...to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues." (1 Cor 12:1, 7-10)
The Spirit empowers us to be witnesses	"You will receive power when the Holy Spirit comes on you; and you will be my witnesses..." (Acts 1:8)
Like Jesus we receive the anointing of the Spirit to serve	"The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the broken-hearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the Lord's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion – to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. (Is 61:1-3)